**There are three parts to the EDI training, each available in different formats. This summary is to help you find the right format for you.**

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| **Unconscious Bias Training** | | | | | | | | | | | |
|  | [**Small group resources**](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/training-for-justice-dignity-and-solidarity/introduction-to-unconscious-bias-for-church-councils-circuit-meetings-circuit-invitation-committees-and-other-groups/): **Video clips and questions for conversation** | | | **Online training from the** [**Learning Network**](https://www.eventbrite.co.uk/e/unconscious-bias-training-tickets-387493412227) | | | | [**MCBX**](https://mcb.theologyx.com/) **online self-learning course** | | | [**3Generate**](https://www.methodist.org.uk/our-work/children-youth-family-ministry/events-including-3generate/3generate/join-the-delivery-team/)**: all volunteers receive UB training** |
| **Pros** | * Can be done in under an hour, e.g. as part of a meeting * Allows people to do it alongside those they work with in the church | | | * A professional facilitator to lead * Can be done from home | | | | * You can do it in your own time at your own pace * A more in-depth course | | | * You get to go to 3Generate! |
| **Cons** | * You need to all be together * Someone needs to facilitate | | | * Need to book an available date * Don’t get to do it with others in your own church community | | | | * May be too in-depth for those not familiar with the ideas * Requires being computer literate | | | * Takes a whole weekend in October |
| **Equality, Diversity and Inclusion Training** | | | | | | | | | | | |
|  | [**MCBX**](https://mcb.theologyx.com/) **online self-learning course** | [**Study Group Notes**](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/training-for-justice-dignity-and-solidarity/mandatory-edi-training-equality-diversity-and-inclusion/training-resources/) | | | **On-site** [**training session**](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/training-for-justice-dignity-and-solidarity/mandatory-edi-training-equality-diversity-and-inclusion/training-resources/) | **District training resources** | | | **Design your own training event**  (as long as you cover all of the content) | | |
| **Pros** | * You can do it in your own time at your own pace | * Done in conversation with others e.g. in a fellowship group * All information provided | | | * Those without home internet can attend * All information provided | * Those without home internet can attend * Can be done in less time than using the connexional resources | | | * Use “If we are the Body” video for opening worship? Do “Don’t put people in boxes” as a physical activity rather than watching the video? Change the order? You can! * Meet the needs of your community | | |
| **Cons** | * Requires being computer literate | * Takes multiple in-person sessions | | | * Still requires internet access * Requires printing and facilitating | * Requires a knowledgeable facilitator to lead conversation as not all information printed * Some reading in advance and afterwards | | | * Requires a knowledgeable and experienced facilitator (who has done the course themselves) * Planning time (though District EDI Group and Learning Network can offer support) | | |
| **Further Annual Learning** | | | | | | | | | | | |
|  | **Individual research and learning** | | **Methodist** [**EDI Toolkit**](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/training-for-justice-dignity-and-solidarity/edi-toolkit-equality-diversity-and-inclusion/edi-toolkit-modules/) | | | | **Suggested** [**EDI learning resources**](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/training-for-justice-dignity-and-solidarity/edi-learning-resources/) | | | **Group learning activities** | |
| **Pros** | * Learn what **you** need * Use the [Personal Responsibility Commitment](https://www.methodist.org.uk/about-us/the-methodist-church/the-inclusive-methodist-church/resources-events-and-support/resources/personal-responsibility-commitment/) to record it | | * Traditionally structured learning modules * Methodist approved content | | | | * Massive range of reading, videos, courses on many topics * All recommended by other Methodists | | | * Each group / committee can set their own EDI agenda and plan collective learning events * Learn together with others within your own role and/or community | |
| **Cons** | * Need ability and commitment to self-learning | | * Designed as group learning activities, though could be read by individuals | | | | * Won’t necessarily have a Methodist ethos | | | * Need to plan and organise the learning activities | |