

### Safeguarding Training

In person training is being arranged where needed – please contact the Safeguarding Administrator, Lynne Youngs, [SafeguardingAdmin@eangliamethodist.org.uk](mailto:SafeguardingAdmin@eangliamethodist.org.uk) who will arrange this.

There are many more local trainers now; if you are arranging training, please contact Lynne who will set up the booking for you, provide the register and update District records

### Young people's Mental Health



There are new resources on the Methodist Church website for parents and those who work with children and young people. Take a look- <https://www.methodist.org.uk/our-work/children-youth-family-ministry/the-well-learning-hub-equipping-and-supporting-workers/emotional-and-mental-wellbeing/mental-health/>

### Welcome to the November Safeguarding News!

Where is this year going?! We are already getting dates arranged for training into 2023 – take a look at the Safeguarding pages of the District Website.

You might notice we have a series of pages on the website now which, hopefully, are more navigable. Let me know if there are further resources you would like to see there.

<https://eangliamethodist.org.uk/safeguarding>

*With best wishes, Jane*

Your District Safeguarding Officer is Jane Gay.

Jane can be contacted on 07787 225 230 or by email [eastanglia@dso.methodist.org.uk](mailto:eastanglia@dso.methodist.org.uk)

Don't forget the Connexional Safeguarding webinars –

[Signs and Indicators of Child Sexual Abuse](#)  
15<sup>th</sup> November, 10am.

[The Hidden Victims of Domestic Abuse](#)  
24<sup>th</sup> November, 10am.

# Safeguarding Sunday 2022

Protecting vulnerable people is at the heart of the Christian message of justice and hope.

Sunday 20<sup>th</sup> November 2022

A [Safeguarding Sunday Prayer video](#) can be used to highlight the importance of Safeguarding in the church. Could you **promote the campaign** to churches in your districts? The webpage is live where churches can register and download the free poster. They will then receive the resource pack as soon as it is ready.

[Safeguarding Sunday | Thirtyone:eight \(thirtyoneeight.org\)](https://www.thirtyoneeight.org)

Is your church offering a **Warm Space** this winter?

The Connexion are working on ways to support churches involved in this project and with their own increased energy bills, details of which will be made available as soon as possible. The Evangelism and Growth team have produced helpful resources, including a videos and advice on how to set up a warm space. [Click here to learn more.](#)

For more information about Safeguarding in these events, please get in touch.